# Park City Summer Activities Perfect for Thrill Seekers

Calling all adrenaline junkies! If you're on the hunt for epic alpine adventures while vacationing in Park City, we have you covered.

From sensational river rafting to downhill biking and more, we've compiled a complete guide to the best activities and luxury rentals to maximize your stay.



# **High Elevation Mountain Biking**



Enjoying Park City mountain terrain isn't all about winter sports. Traverse our high elevation landscape this summer with some unforgettable mountain biking trails. Here are three of our favorite summer trails for thrill-seekers.



### Wasatch Crest Trail

This intermediate-to-advanced biking trail is one of Park City's most popular paths for outdoor enthusiasts. Expect intense climbs, heart-pounding switchbacks, and plenty of gap jumps. The fierce, singletrack trail spans 12.5 miles and offers stunning 360-degree views and thrilling terrain. Starting from the Park City trailhead offers multiple loop possibilities and excellent elevation gain. Visitors can also hire a private shuttle to Guardsman's Pass and go through Scott's Pass to Wasatch Crest Trail.



### Jenni's Trail

Jenni's Trail boasts some epic sights and 1300 feet of serious elevation change. During the summer, you'll find wildflower-laden trails and panoramic mountain views. The trailhead is easily accessible from Park City Mountain Resort, which means you don't have to travel far to enjoy this five-mile, out-and-back trail. Bikers can also choose to extend their ride with a side trip along the easy, lower loop for a scenic cooldown.



### Flying Dog in Glenwild Area

The Flying Dog Trail is ideal for hardcore, technical riders. Travel through striking aspen groves, cruise open spaces, and speed through plenty of downhill spots. The general loop is approximately 10 miles from the Bad Apple Trailhead outside Kimball Junction. However, plenty of connecting paths can extend this ride to an entire 23 miles.

# **Action-Packed Summer Recreations**



Get to know Park City by air, land, and water with these three unforgettable, must-try summer activities for daredevils.



### **Zipline Adventures**

Get an adrenaline-pumping, birds-eye view of Park City while zooming down an alpine zipline. <u>Utah Olympic Park</u>, a historic part of our mountain town, offers multiple zipline experiences for any level of outdoor enthusiast. With seven towers and an impressive line that travels 161 feet at speeds reaching 40 miles per hour, this one-of-akind activity is both scenic and exhilarating.



### **Ride the Rapids**

While Park City is famous for its mountain terrain, there is an abundance of entertainment to be had in our rushing rivers. Explore natural wonders while rafting through the mellow but still riproaring Weber River. You'll experience dazzling geological formations as you wind through canyons on Class-II rapids. <u>All Seasons Adventures</u> offers exceptional tours for the whole family and even provides transportation from your luxury rental.



### **Extreme Summer Sports**

Looking for a centrally located spot where you can explore a plethora of extreme sports like skateboarding, BMX biking, and even parkour? <u>Woodward Park</u> <u>City</u> should be at the top of your list of places to visit for heartpounding amusement. Not only is this action sports hub great for learning new skills, but it's also perfect for kids and adults alike.

# **Stellar Fishing Opportunities**



Speaking of fun on the water, Park City is an angler's paradise. We boast myriad rivers, lakes, and streams stocked with native trout. Whether you're looking to catch dinner or just want the thrill of the hunt, these three spots are sure to impress.



#### **Uinta Mountains**

Searching for some serious backcountry fishing? It doesn't get more idyllic than a day in the <u>Uinta Mountains</u>. Hike through unparalleled beauty and discover a wealth of rivers and streams. You can also enjoy some roadside fishing if you're looking for less of an intense walk. No matter where you decide to cast your line, you'll discover waters teeming with a diverse array of trout species.



#### Lower and Middle Provo River

The <u>Provo River</u> is one of the most popular fly fishing spots in the Park City area. The Lower Provo delivers ample brown trout, with a rainbow trout here and there. The Middle Provo is a larger, wider river, which gives anglers more space to spread out with plenty of brown trout and some cutthroat, rainbow, and whitefish as well. If you haven't had the pleasure of fishing the Provo, book a private tour with <u>All Seasons Adventures</u>. They'll take you to all the prime spots.



#### **Strawberry Reservoir**

Looking to score a considerable catch? <u>Strawberry Reservoir</u> is famous for large fish and big returns. The drive is about an hour from downtown Park City, but it's worth the trip, especially if you are hoping for a major haul. Don't be surprised to find native Bear Lake cutthroat trout longer than 25-inches. In addition to cutthroat, the reservoir is packed with rainbow trout and kokanee salmon. During the summer the best fishing is done by boat.



# Additional Summer Excitement to Add to Your Plans

Maximize your adventure-seeking vacation with some extra activities and tips.



## Pack a Summer Picnic:

Whether you're traveling outside of Park City for some thrill-seeking fun or just want an unforgettable meal mountainside, <u>Luna's Kitchen</u> makes incredible grab-and-go options.



### **Get Your Feet Wet:**

Check out <u>Deer Valley's standup</u> <u>paddleboarding</u> lessons for a serious upper body workout that's full of fun.



### Rock Out on Waterfall Canyon:

Experience <u>Northern Utah's only</u> <u>ferrata</u> rock climbing adventure. Ascend a modest rock with the help of embedded metal ladders.



## **Re-Up on Outdoor Supplies:**

Make a trip to <u>Jans</u> and load up on all your adventure essentials—from fly fishing supplies to bike rentals, clothing, and more.



Take to the Skies:

Head out to <u>Point of the Mountain</u> for world-renowned paragliding.



# Park City Properties Ideal for Summer Vacations

On the hunt for exceptional rentals with pool options, stunning views, and locations perfect for your summertime adventure? Consider these four accommodations:



## **Snow Flower Complex:**

Luxurious complex at the base of Park City Mountain featuring heated pools, bike storage, and more!



### Fairway Springs 4151:

Canyon's Village townhome boasting a private deck with gas grill and outdoor dining space.



**Edelweiss Haus:** 

Condo complex on the complimentary shuttle route with communal pool, underground parking, and great views.



### Queen Esther 2447:

Spacious townhome in Deer Valley with private hot tub, rustic decor, and access to the free Deer Valley Shuttle.

# **Experience Premier** Vacation Rentals in Park City

Park City Lodging helps all our guests create unforgettable vacations.

Explore our exceptional properties, take advantage of our professional concierge services, and let us assist you in crafting your ideal summer vacation.





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