

Your Guide to XC Skiing in Park City, Utah



Winter in Park City is one of the best times to experience our town. The mountains are dusted with spectacular snow, the air is crisp, and snowy activities are plentiful. While we are known for downhill skiing, we also have many cross country skiing options. If you want a great workout, access to backcountry splendor, and a fantastic day, check out our essential guide.

Best Beginner Trails



If you're an XC newbie, you're in for a treat! One of the best parts of cross country skiing is that you can go at your own pace and learn your own groove. You just want to make sure you pick some mellow trails to hone your skills and get some practice.



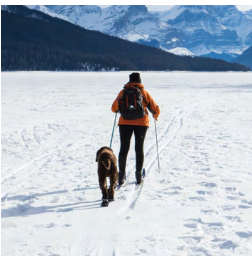
White Pine Touring Center

White Pine Touring Center is a must for beginning cross country skiers. It's Park City's only outdoor center 100% dedicated to XC skiing. It also features nearly 12.5 miles of groomed trails. As if that's not enough, they provide lessons so first-timers can receive expert instruction and master their skills quickly.



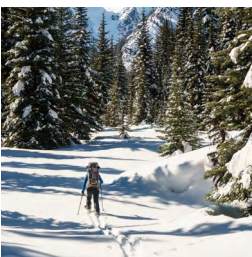
Basin Recreation Trails

Basin Recreation Trails are for you if you're looking for perfectly groomed trails and a scenic experience for your first time cross country skiing. Basin Recreation manages [Willow Creek Park](#) and [Utah Olympic Park](#), which means all the courses are in perfect condition and excellent for beginners. Plus, there are multiple access points: you can park at Willow Creek Park, [Matt Knoop Memorial Park](#), or the [Basin Recreation Fieldhouse](#).



Round Valley

Round Valley offers 12 miles of wondrous trails that work for all levels of cross country skiers. However, if you want to start slow while having a fabulous time, begin at [Quinn's Trailhead](#). It's one of the most popular spots, so be prepared for other skiers, but it's also one of the most accessible trails for learning.



Beaver Creek Trail

Located in the Uinta-Wasatch-Cache National Forest, Beaver Creek Trail is a 5.3-mile, out-and-back trail ideal for beginners and experts alike. This relatively easy trail boasts scenic views and few people—perfect for leisurely exploration.

Fun Intermediate to Advanced Trails



Intense workouts, thrilling turns, and scenic sights await seasoned cross country skiers. If you're searching for an intense adventure gliding through some challenging trails, we have you covered.



The Woods at Parley's Lane

Part of the Basin Recreation trails, The Woods at Parley's Lane boasts an off-the-beaten-track adventure with demanding elevation gains. Cross country skiers can choose from a short loop that still delivers an intense experience or a longer loop to work up a sweat while enjoying the sights. Start at the Woods Trailhead.



Soldier Hollow

Soldier Hollow is a must for serious cross country skiers and Olympic fans. This high-intensity trail was home to the 2002 Olympic and Paralympic cross country ski games. So, you can ski on the same track as world-famous athletes! Head to Soldier Hollow Nordic Center, and take advantage of flawlessly groomed trails, including Soldier Hollow, The Stadium, and Cabin Hill Loop. Even if you aren't an expert skier, there are a few spots perfect for beginners.



Sundance Nordic Center

Most people think of Park City's famous movie festival when they hear the name "Sundance." However, Sundance Nordic Center offers excellent cross country skiing opportunities. Explore more than 12 miles of packed powder for a memorable day trip.

XC Skiing Equipment Essentials



Don't be left in the cold during your cross country ski excursion! Just because you're playing in the snow doesn't mean you have to feel it. In addition to your boots and skis, ensure you have all the suitable clothing and equipment for your XC adventure.



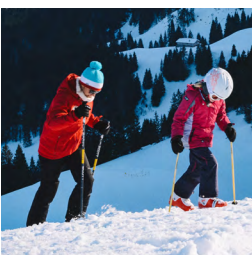
Proper Outerwear

XC skiing requires slightly different attire than downhill skiing. You'll want to trade your ski pants for less bulky, wind-resistant ones. The same is true for jackets. You'll want to wear a lightweight, wind-resistant jacket for mobility and breathability. Add a hardshell, waterproof jacket for added comfort.



Equipment for Your Extremities

Gloves, hats, and the right socks are a must to keep you warm and comfortable. You will definitely work up a sweat while XC skiing, so stick to lightweight hats or headbands. In frigid temps, consider a gaiter. For gloves, have both liners and light gloves on hand. This allows you to layer based on the temperature. Cross country boots are snug, so plan on medium-weight wool socks with moisture-wicking capabilities.



Important Incidentals

It's important to remember that XC skiing takes place in the wilderness, so you'll want to be prepared for changes in temperature, light levels, and potential accidents. Always pack a pair of sunglasses or goggles to protect our eyes from the wind and sun reflecting off the snow. Also, bring a waterproof, lightweight bag with a headlamp, utility blade, whistle, and first-aid kit.



Gear Up with Great Supplies from Local Outfitters

Once you have your XC itinerary all set, make sure you are well-fitted with all the winter gear you need to make your day in the snow perfect. These local businesses offer top equipment, maps, resources, and more!



Jans:

One of Park City's premier mountain outfitters, Jans offers everything for your Nordic adventure. You'll find outerwear like jackets and hats, essentials like skis and boots, and even wax and tuning tools. Don't forget to grab an XC trail map while you're there.



Park City Sport:

This full-service ski shop is in the heart of downtown and offers exceptional apparel, expert ski supplies, ski rentals, and lockers. Park City Lodging guests receive great discounts, so let them know where you're staying.



White Pine Touring:

Rent or buy awesome gear, sign up for lessons, and get great tips from some of the best XC professionals Park City has to offer, all under one roof at White Pine Touring.



Premier Lodging for Your Cross Country Skiing Vacation

Maximize your cross country stay with properties designed to enhance your winter-time fun. Whether you are looking for mountain condos or spacious townhomes, Park City Lodging has your ideal accommodations.



Snow Flower 69:

Park City Mountain Village condo offering five bedrooms plus loft space. Sleeps 11.



Snowcrest 300:

Gorgeous rental with plenty of natural light and mountain access. Sleeps six.



Snow Flower 71:

Deluxe condo with three bedrooms, three bathrooms, and of course, plenty of mountain access. Sleeps 10.



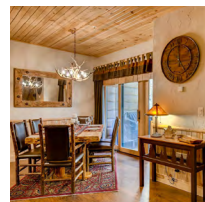
Snowcrest 205:

One-bedroom property that offers plenty of space, mountain views, and quick access to downtown and the mountain. Sleeps four.



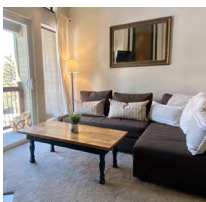
Racquet Club 60:

Park Meadows condo offering golf course views and mountain access. Sleeps eight.



Timber Wolf Lodge 2C:

Opulent two-bedroom townhome, less than one minute walk from the complimentary shuttle. Sleeps eight.



Snowcrest 317:

Cozy condo on the mountain with charming amenities and great views. Sleeps five.

Stay at the Best Vacation Rentals in Park City

Since 1984, Park City Lodging has been helping guests experience the best of Park City. Our knowledgeable hospitality team is well-versed in making your stay unforgettable—from activity recommendations to premiere rentals.

[Let us help you book your ideal vacation today.](#)

